

# **Lillooet Food Matters**

A volunteer organization of local citizens working together to increase food security and food sovereignty within our region, through organizing community events, workshops and networking. *By food sovereignty we mean access to means to produce **or gather** our own food.*



**Lillooet Seedy Saturday  
Seed Swap Table**

**Focus for the last number of years has been principally on Seeds:**

1. Our annual **Seedy Saturdays** started in 2009.
2. Inspired by **Sarah Bradshaw** and the **Shuswap Heritage Seed Bank** who came to our community Food Security forum in 2011, and motivated by presentations at the first **BC Seed Gathering** in 2012, we created the **LFM Seed Lending Library** in 2013. Partial funding came from the Bauta Initiative.
3. Purchased a **Winnower** from **Planting Seeds Project** with funds from Lillooet Community Foundation.
4. **Seed Saving Workshops:** 4 of them, for beginner and intermediate seed savers, beginning with **Patrick Steiner** in 2009, followed by Lillooet local **Sue Senger** (who has grown everything in her garden from seeds she has saved); and finally **Mojave Kaplan** (Planting Seeds Project) and **Susan Davidson** (Glorious Organics) in 2012 led our “Gardens as Seed Banks” workshop.



**Lillooet Seedy Saturday  
Seed Vendors**



We have been so fortunate to have **Mojave Kaplan** as a member of Lillooet Food Matters. She has been an awesome mentor for all of our Seedy efforts, especially the Seed Lending Library!

**Lillooet Seedy Saturday  
Seed Vendor**



**Lillooet Seedy Saturday  
Seed Cleaning**

**Main Features of Lillooet  
Seedy Saturday**  
are the Seed Swap table and  
the Seed Sales,

but there are as well

- Seed Lending Library
- Ask the Expert corner
- Pollination Education Table
- Kid's Table
- Winnower & seed cleaning equipment



**Lillooet Seedy Saturday  
Seed Lending Library**

Plus **information displays** and some **vending** by

- Seeds of Diversity (thanks to Sharon Neufeld from Clearwater!)
- Lillooet Agriculture & Food Society
- Split Rock Environmental with native plants/products
- Amlec Organics (a local Indigenous Food Sovereignty project)
- Lillooet Regional Invasive Species Society

In addition two of the most popular features of our Seedy Saturday are

- a **Raffle** (e.g. cooking classes, weaving, and most popular: manure!)
- a catered **Café**. The latter presents a wonderful opportunity for socializing and is a real draw to the event.



**Lillooet Seedy Saturday -  
Susan's Potatoes**

### **Timing of the Event:**

9 am to 1 pm Seed Swamp and Sale

2 pm to 5 pm Different activities over the years:

- Seed Saving workshops
- Facilitated Talking Circles (e.g. What's Growing On in Lillooet about the current state of agriculture in Lillooet and the direction we wish it to go)
- Tiny Talks (e.g. aquaponics, mushroom growing, naturescaping, permaculture chickens)

**Seedy Saturday is the major fundraiser** for Lillooet Food Matters: door fee:\$2 or what you can afford, donation jars, Raffle, proceeds from Seed Sales and Cafe (30%), table rentals (\$25).



**Website: [www.lilloetfoodmatters.com](http://www.lilloetfoodmatters.com) and blog**  
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